

# MIP COLLEGE OF PHYSIOTHERAPY, LATUR

## Osteoarthritis Camp Report

<b>Date and Day</b>	:	<b>2<sup>nd</sup> September 2022, Friday.</b>
<b>Organized by</b>	:	<b>Musculoskeletal and Neuro Physiotherapy Departments of MIP College of Physiotherapy, Latur in association with Dept of Orthopedics, MIMSR Med. College, Latur.</b>
<b>Venue</b>	:	<b>Yeli Village, Latur.</b>
<b>Time</b>	:	<b>9.30 am – 3pm.</b>
<b>Chief guest</b>	:	<b>Mr. Deepak Patil, Mr. Balaji Deshmukh, Navnath Kalbande, Mr. Babulal Shaikh.</b>
<b>Co-ordinators</b>	:	<b>Dr. Pallavi Dangat (PT), Professor &amp; HOD, Dept. of Neurosciences Physiotherapy. Dr. Gaurav Bhatnagar (PT), Professor &amp; HOD, Dept. of Musculoskeletal Sciences PT, Dr. Risha Kamble (PT), Assos. Professor, Dept of Musculoskeletal Sciences Physiotherapy. Dr. Salim Shaikh (PT), Asst. Professor, Dept. of Neurosciences Physiotherapy. Dr. Sanket Patil, Resident Doctor, Dept. of Orthopedics, MIMSR Medical College, Latur.</b>
<b>Total No. of Participants</b>	:	<b>210.</b>

### OBJECTIVE OF THE CAMP:

- To assess the complaints of the patients.
- To provide wholistic care in Osteoarthritis.
- To educate and create awareness among the patients about the role of Physiotherapy in prevention and management of Osteoarthritis.

### DETAILS ABOUT THE CAMP:

The Maharashtra Institute of Physiotherapy organized "Osteoarthritis Camp" under department of Musculoskeletal and Neurosciences Physiotherapy, in association with Dept. of Orthopedics, MIMSR Medical College, Latur. The camp was conducted on the occasion of World Physiotherapy Day on 2<sup>nd</sup> Sept. 2022 at Yeli village Latur. The Camp



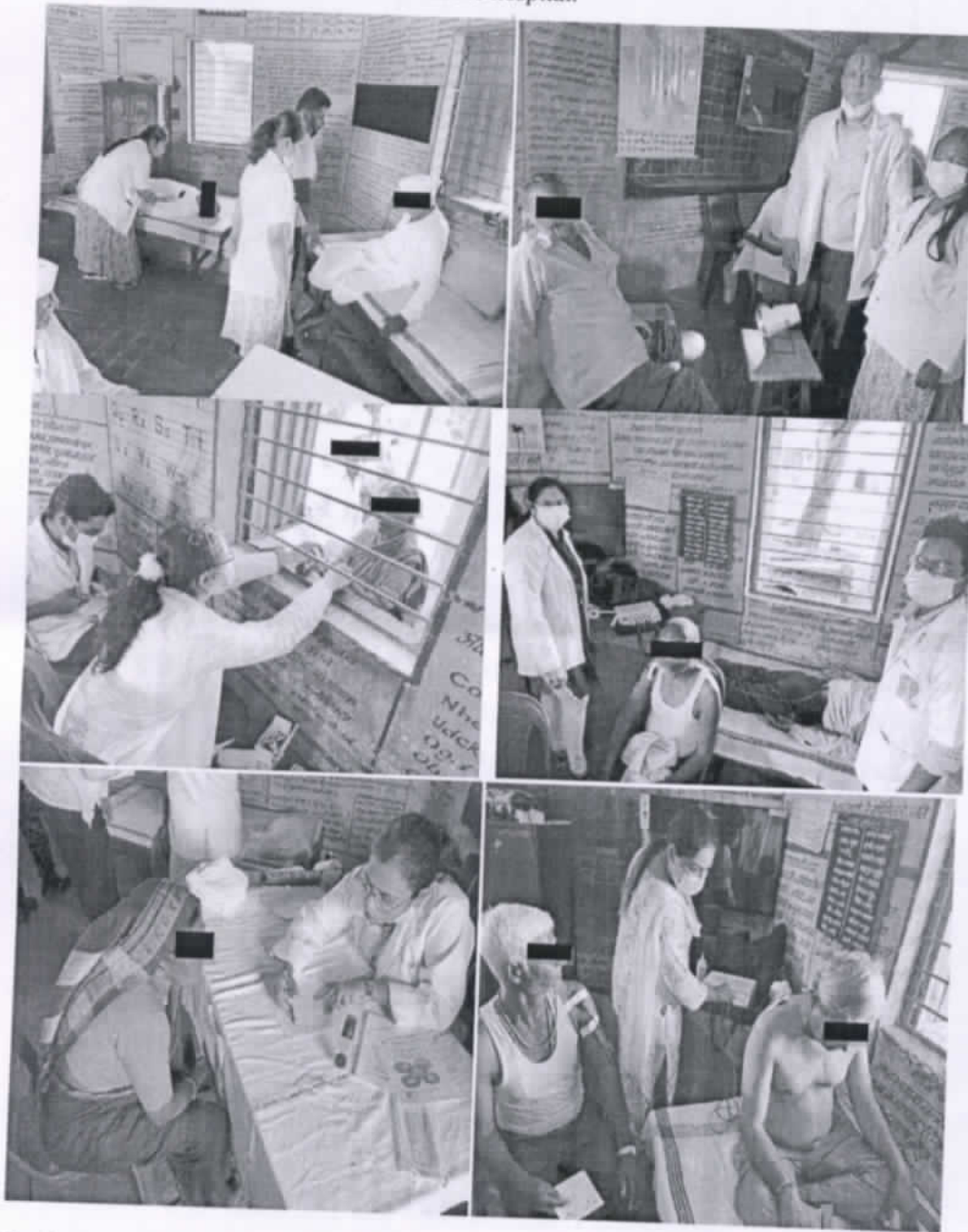
was inaugurated by the chief guests. It began with the felicitation of the Staff, Resident Doctor, PGs and students followed by registration of the participants.



Four stations (Shoulder, Spine, Hip and Knee) and Ortho clinic were set for assessment and treatment purpose. A separate counter for distribution of medications was set in the camp. Total 210 patients were registered for the camp.



The patients were assessed and they were directed to the respective stations according to their symptoms. They were given intervention which includes exercise demonstration and physiotherapy modalities including IRR and TENS. Medications were distributed under the guidance of resident doctor. The patients requiring further treatment were given referral card of YCRH hospital, Latur. They were advised to visit YCRH hospital with the referral card which included 3 days free treatment in the hospital.



Hand outs containing information about the various evidence based physiotherapy exercises program for treatment of osteoarthritis were also distributed to the participants. The camp got a tremendous response and participants were satisfied and benefitted in the

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camp.



We would like to thank the **Dr. A.K Rao**, Professor and HOD of Orthopedic Department of MIMSR Medical College for his valuable contribution in this camp. We would like to thank **Dr Sanket Patil**, Resident doctor, Dept. of orthopedics for his valuable contribution in the camp. We would also like to thank our Principal, Staff, PG's and final year students of MIP COPT, Latur for their tremendous support for making this camp a grand success.



*A.K.R.*  
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